

# Cytokines

Luděk Šefc

## Cytokines

- Protein regulators of cellular communication

### Cytokines x hormones

	Hormones	Cytokines
<b>Production sites</b>	few	many
<b>Cell targets</b>	few	many
<b>Presence in blood</b>	yes	rarely
<b>Biological role</b>	homeostasis	infection tissue reparation
<b>Pleiotropic effects</b>	low	high

Cytokines are not produced by specialized cells which are organized in specialized glands, i. e. there is not a single organ source for these mediators .

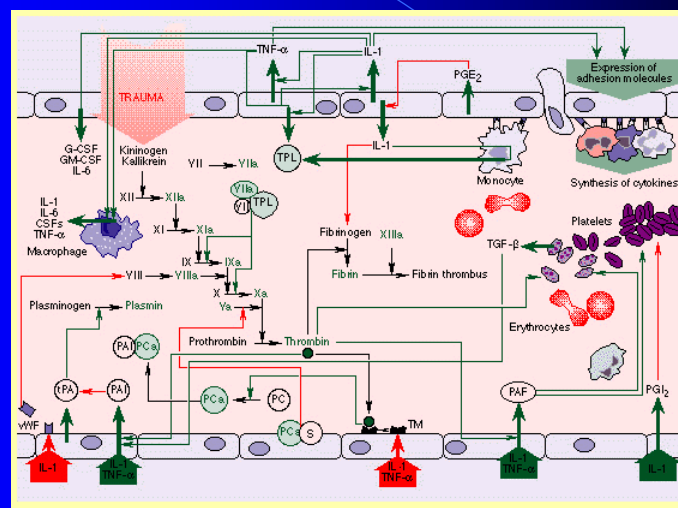
## Cytokine properties

- mostly glycoproteins, they bind to a specific membrane receptor on target cells
- effective in extremely low concentrations ( $10^{-9}$  -  $10^{-12}$  M)
- many different producing cells
- almost all cytokines are pleiotropic effectors showing multiple biological activities.
- multiple cytokines often have overlapping activities
- high conservation during phylogenesis – low species specificity

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## Cytokine regulatory network



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# Cytokine receptors

- transmembrane proteins
- mostly composed of different subunits
- similar receptors – members of receptor family

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## Cytokine receptor family - type 2

$\alpha$  chain

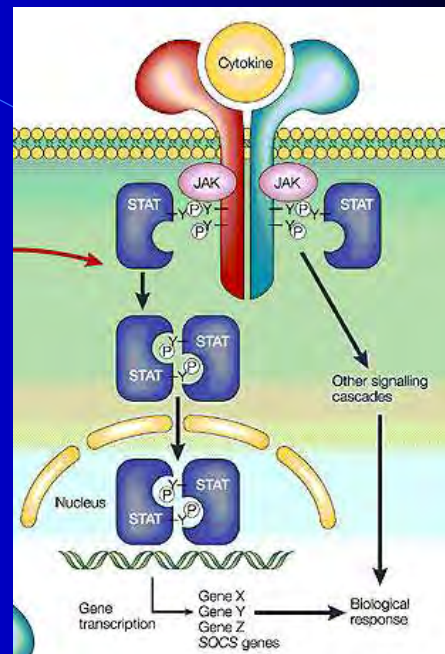


ligand-receptor interaction

$\beta$  chain

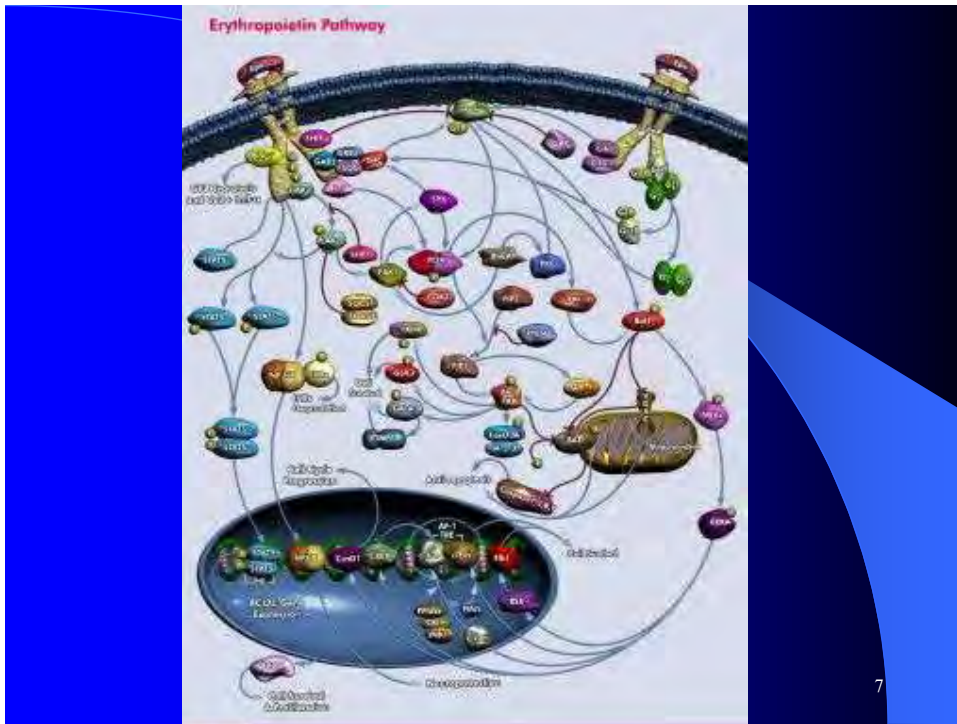


signal transduction

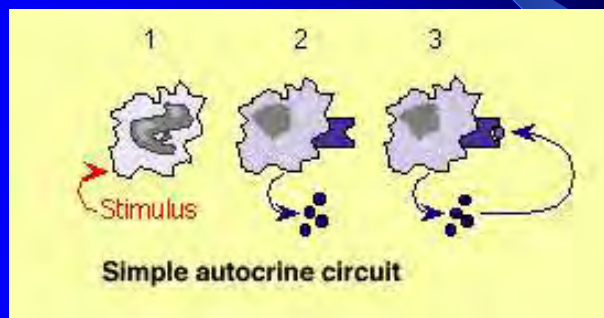


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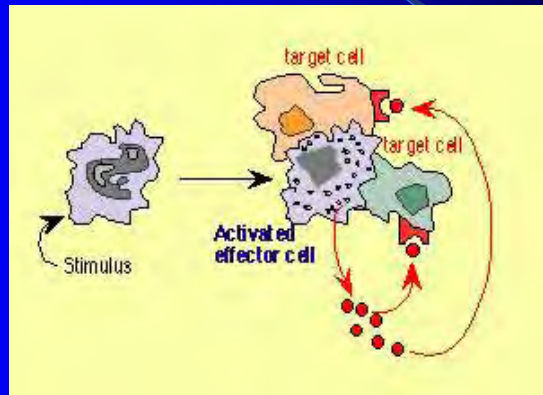
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## Autocrine regulation



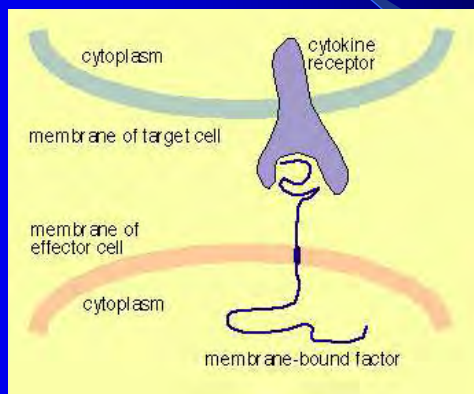
## Paracrine regulation



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## Juxtacrine regulation

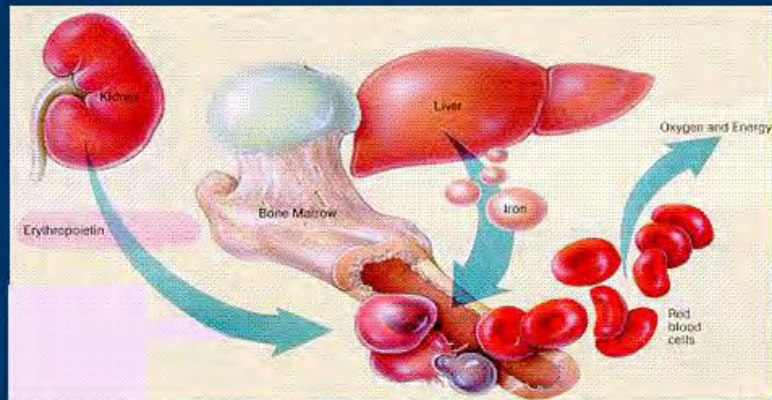


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## Endocrine regulation

### Normal Erythropoiesis



## Cytokine groups

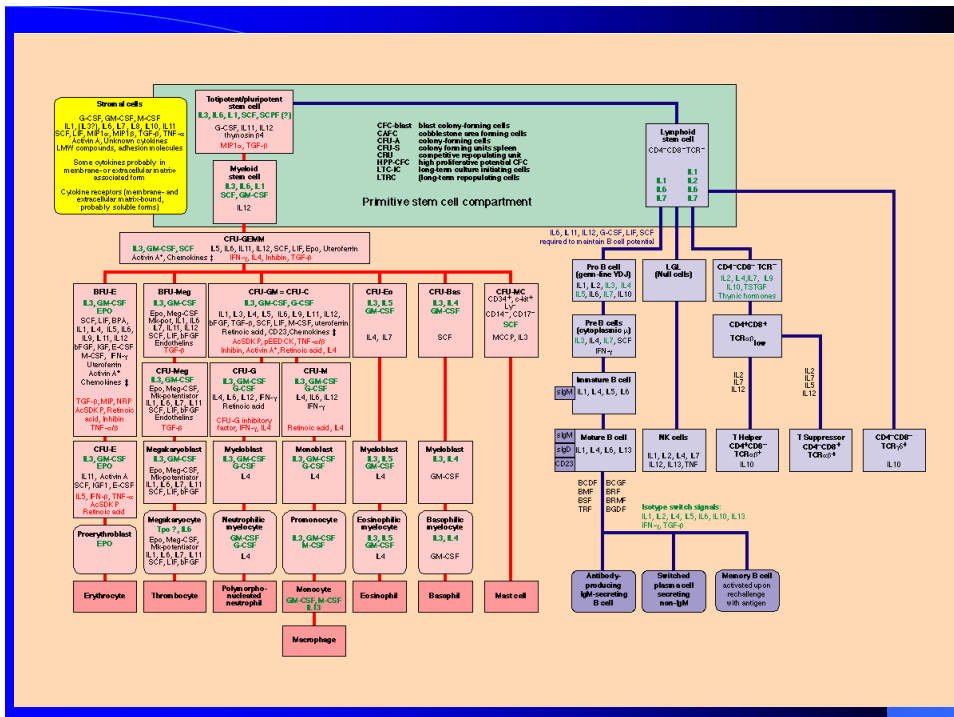
Cytokines exert pleiotropic effects, producing cell range can be wide  $\Rightarrow$  no simple classification

There exist several cytokine groups, which can partially overlap

- Hematopoietic growth factors  
SCF, IL-3, GM-CSF, G-CSF, TPO, Epo, ... **MIP-1  $\alpha$ , IL-10**
- Interferons (IFN)  
IFN- $\alpha$ , IFN- $\beta$ , IFN- $\gamma$ , limitin, TP-1, ...
- Interleukins  
up to date IL-1 až IL-37
- Lymfokines  
IL-2, IL-10
- Monokines  
interleukins, chemokines ...

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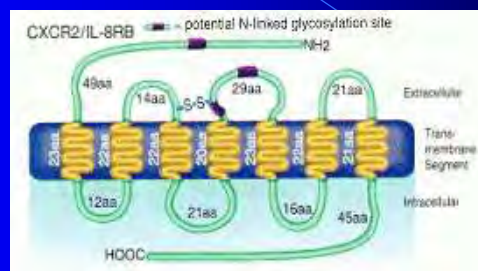
## Chemokines

- chemotaxis, migration, activation of immunocompetent cells
- small proteins (8-10 kDa)
- high homology
- CXC chemokines: PF4, IL-8 ,  $\Rightarrow$  neutrophils
- CC chemokines: MIP-1 $\alpha$  ,  $\beta$ , RANTES  $\Rightarrow$  monocytes
- C chemokines: IL-16

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## Chemokine receptors

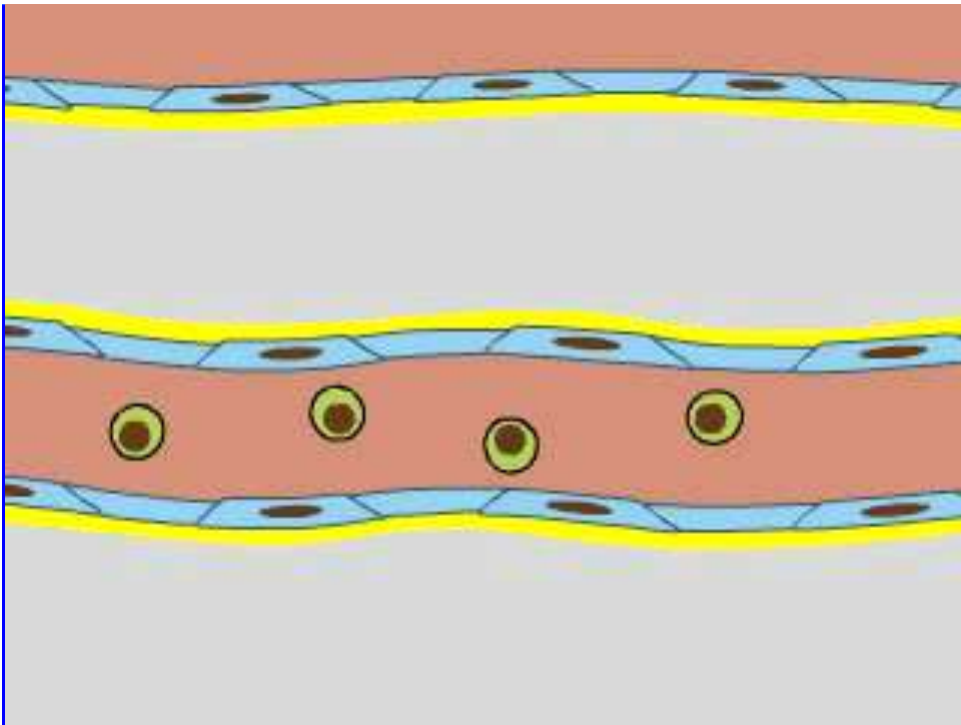


- „serpentine receptors“
- promiscuity
- CXCR-1, CCR-3, ...

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## Inflammatory cytokines

- many different cytokines
- monokines, lymphokines, chemokines, interferons, interleukins...
- key role of macrophages: inflammation triggering cytokines IL-1, TNF- $\alpha$ , IL-6

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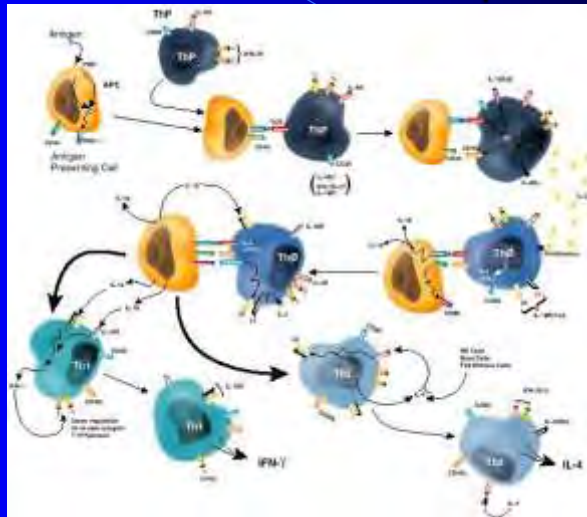
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- TGF- $\beta$ , LIF – (cannot be classified) – receptors present on all somatic cells, high diversity of effect depends on tissue type and state
- .....

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## Activation of naive CD4<sup>+</sup> T lymphocytes towards Th1 and Th2 response



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## Cytokines in pathogenesis and therapy



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## Hematopoietic growth factors

- anemia (Epo)
- neutropenia (G-CSF, GM-CSF)
- thrombocytopenia (Tpo)

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## Stem cells

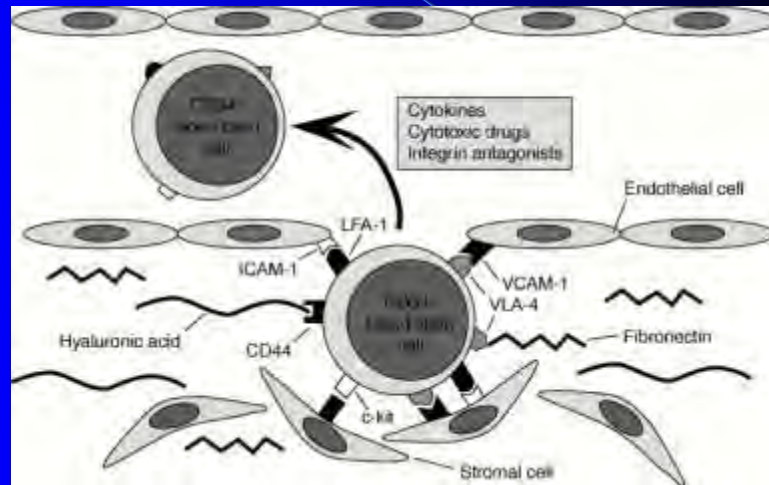
- in the bone marrow
- in the peripheral blood

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## Stem cell mobilization into the blood stream

G-CSF  
GM-CSF

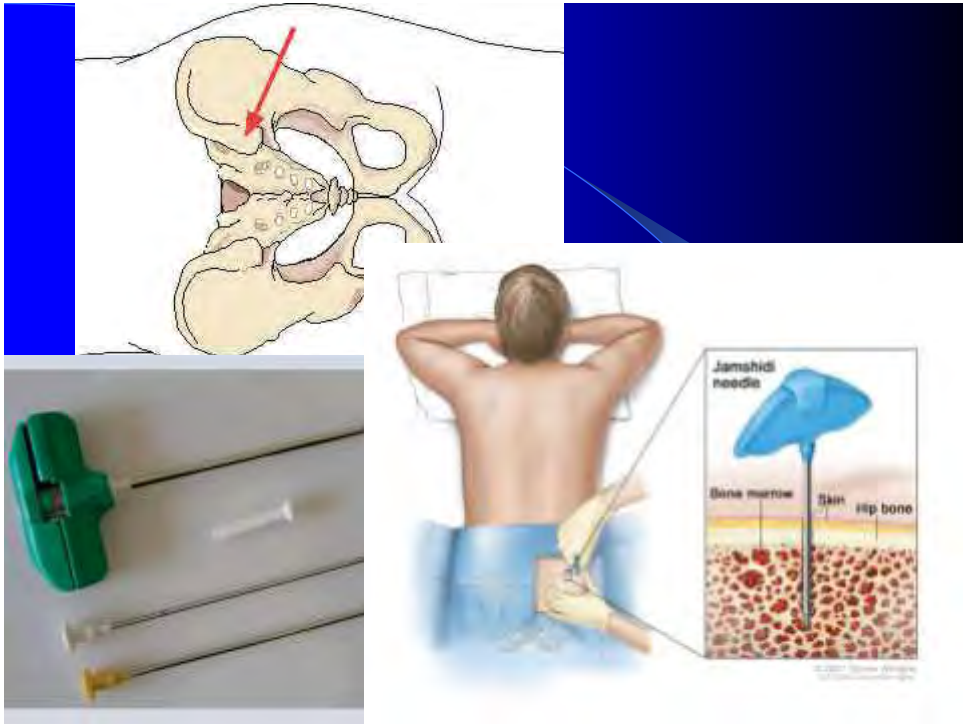


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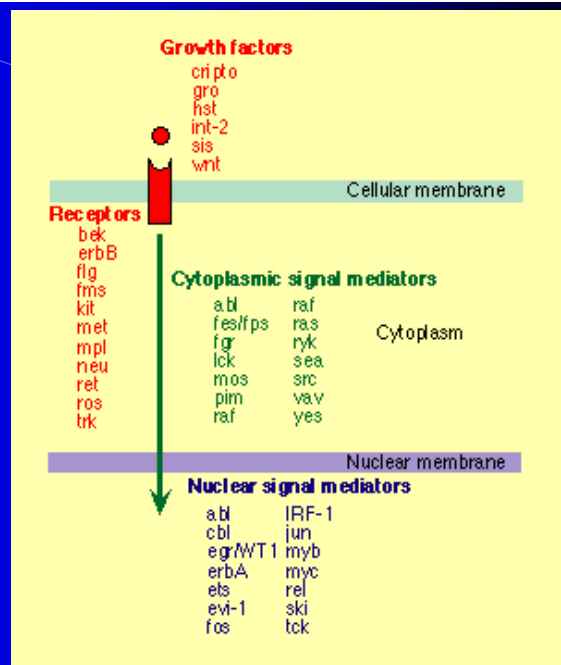
## Graft purging

- autologous graft containing leukemic cells – *in vitro* cultivation with cytostatics (Mafosfamide)
- proliferative block of healthy stem cells – MIP-1 $\alpha$

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## Oncogenes



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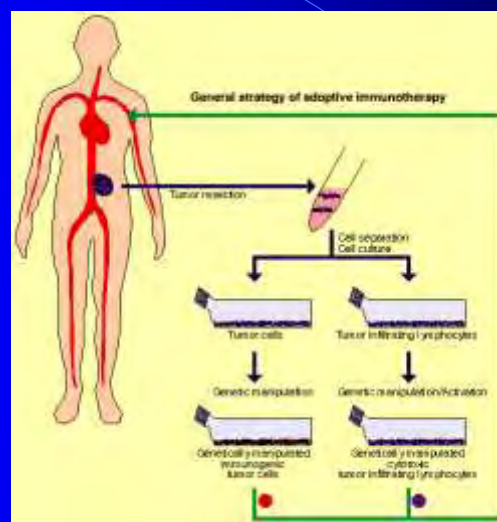
## Adoptive immunotherapy

- LAK cells: melanoma, renal carcinoma, colorectal carcinoma, prevention of GVHD
  - a) IL-2 i.v.
  - b) leukaferesis
  - c) *in vitro* cultivation with IL-2
  - d) reinfusion of  $10^{10} - 10^{11}$  LAK cells

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## Adoptive immunotherapy



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# AIDS

HIV-1 receptors : CD4 + coreceptor

infected cells:

CD4 T-lymphocytes

monocytes

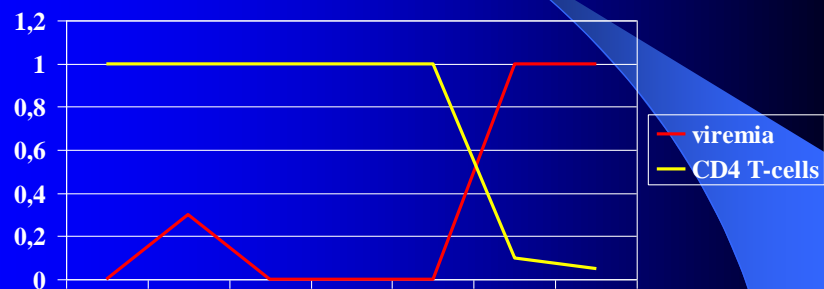
CXCR-4

CCR-5

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# HIV-1 infection course

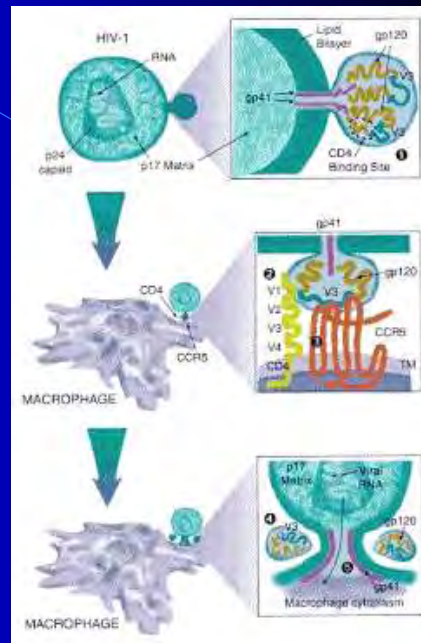


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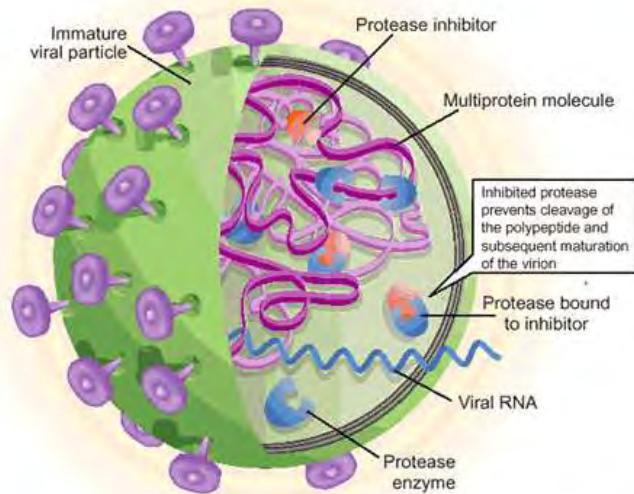
# HIV-1 infection

- gp160  $\Rightarrow$  gp120 + gp41
- protease inhibitors  
(Norvir, Katera)



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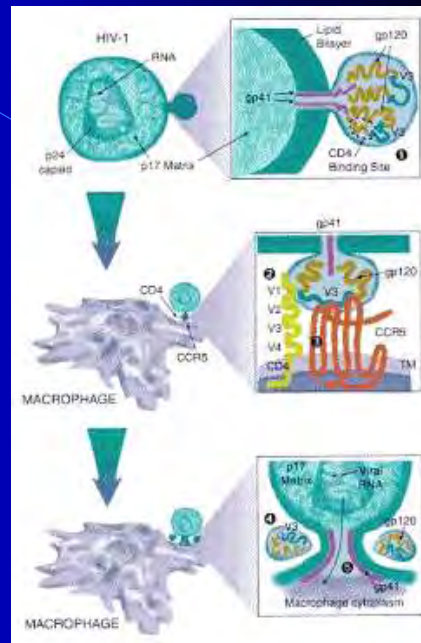
Source: Nat Med © 2003 Nature Publishing Group

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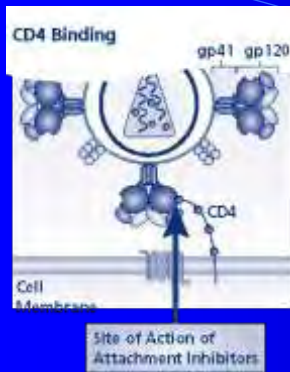
# HIV-1 infection

- gp160  $\Rightarrow$  gp120 + gp41
- protease inhibitors  
(Norvir, Katera)
- fusion inhibitors  
(Fuzeon)



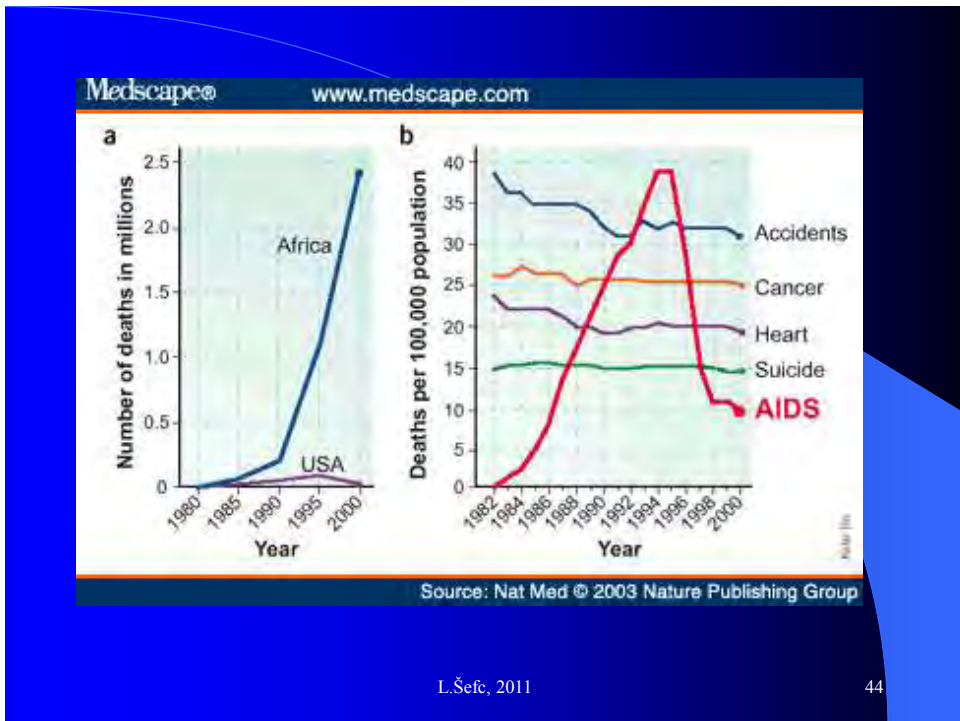
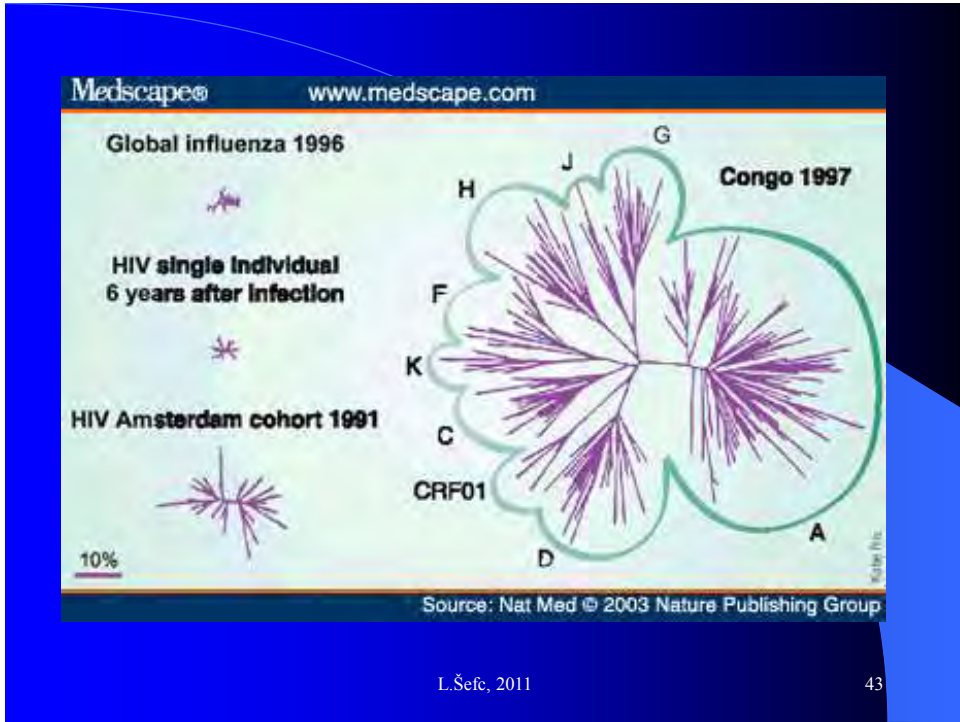
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## Septic shock

- systemic expression of multiple inflammatory mediators
- Gram-negative septicemia – endotoxin
- (tampons contaminated with *Staphylococcus aureus* - exotoxin  $\Rightarrow$  toxic shock)
- hypotension, insufficient tissue perfusion, uncontrollable bleeding
- multisystem organ failure, disseminated intravascular coagulation

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## Septic shock

- > 150 cytokines, „cytokine storm“

**IL-1**  $\Rightarrow$  tachycardia and hypotension,  $\uparrow$  IFN- $\gamma$ , chemokines, ...

**TNF- $\alpha$**   $\Rightarrow$   $\uparrow$  pro-coagulation activity of endothelial cells, > 1 ng/ml  $\Rightarrow$  lethal prediction

**IL-6**  $\Rightarrow$  induction of acute phase proteins

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## Septic shock - therapy

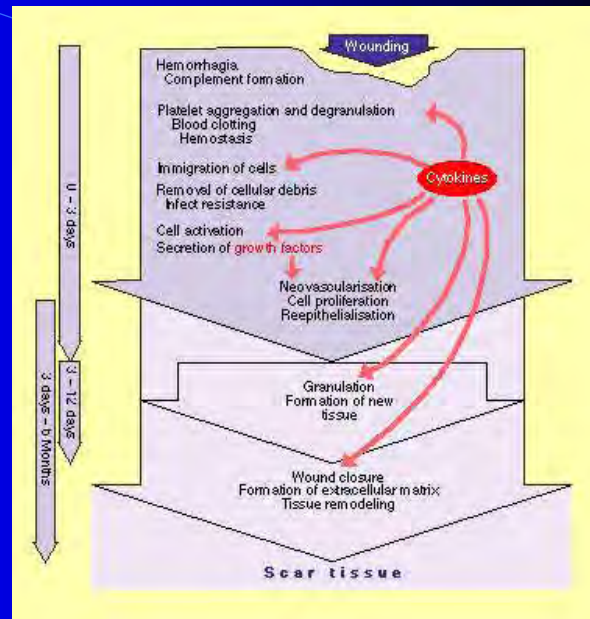
- antibodies against TNF- $\alpha$
- IL-1Ra
- sTNF- $\alpha$ R
- IL-4, IL-10

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## Wound healing

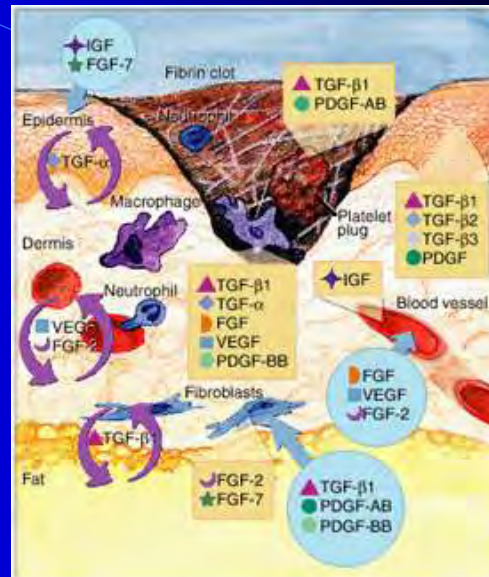
- EGF, FGF
- TGF- $\beta$
- chemokines
- angiopoietins



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## Wound healing

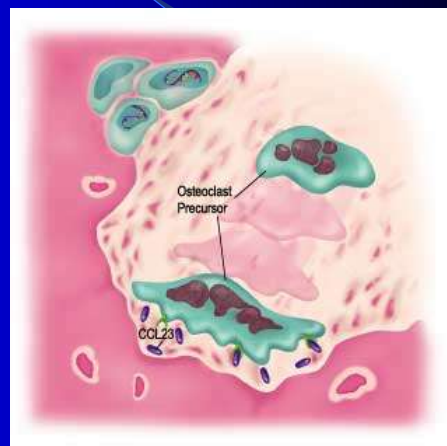


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## Bone remodeling

osteoblasts  
 ↓  
 chemokine CCL23  
 ↓  
 osteoclast  
 chemotraction

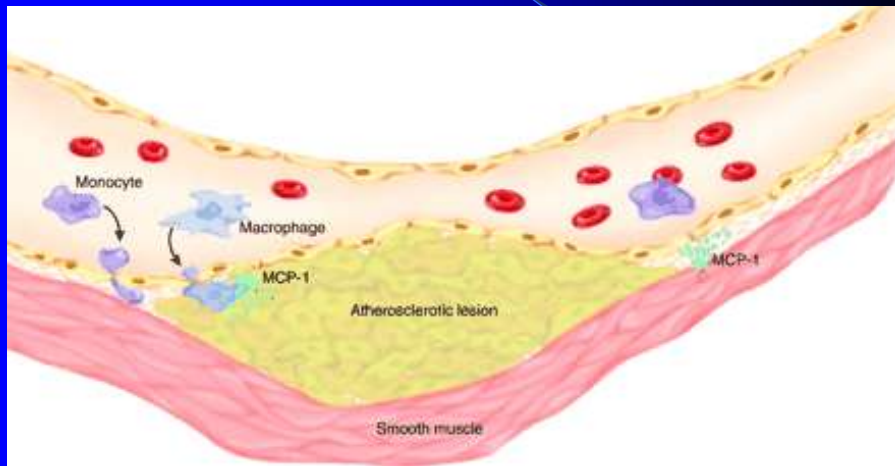


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## Atherosclerosis

MCP-1 – macrophage chemoattractant protein-1



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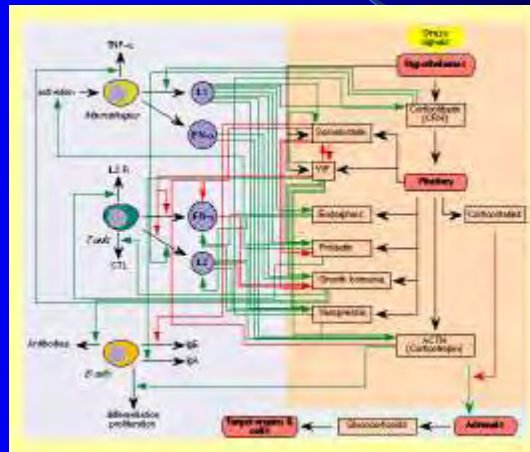
## Neuroimmune network

- interactions between the immune system and neuroendocrine organs
- hypothalamo-pituitary-immune axis
- innervations of lymphatic organs (sympathetic, parasympathetic)
- cytokine production in CNS during injury, infection, and neurodegenerative processes
- hypofysectomy impairs humoral and cell immunity

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## Hypothalamo-pituitary-immune axis and cytokines



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## Cytokine fusion toxins

- chimeric proteins: DT (diphtheria toxin) and PE (Pseudomonas exotoxin)
- targetted against cells bearing a specific receptor
- cancer cells, lymphoma
- prevention of GVHD

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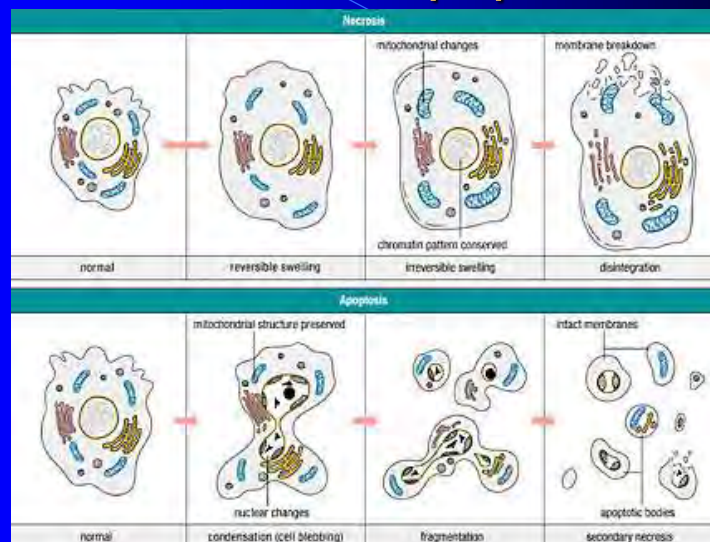
## Necrosis x apoptosis

- Necrosis: passive  $\Rightarrow$  inflammation
- Apoptosis: active and energy dependent  $\Rightarrow$  no inflammation

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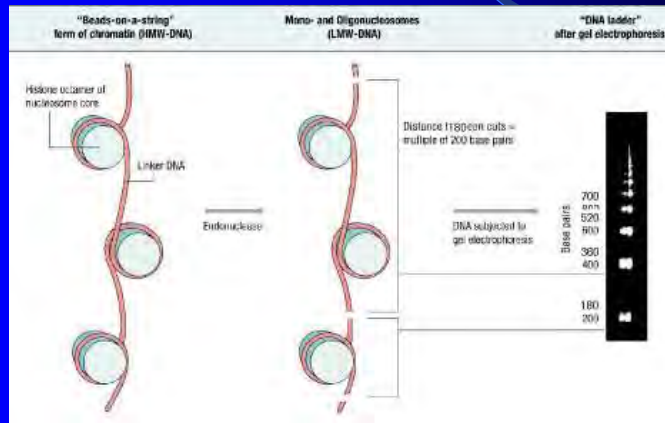
## Necrosis x apoptosis



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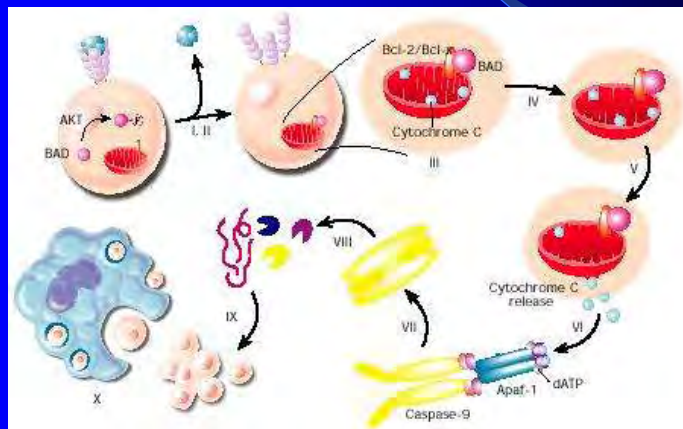
# Apoptosis



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## Negative apoptosis regulation (hematopoietic cells)



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## Positive apoptosis regulation (lymphocytes, cancer cells)

- „death factors“ – TNF- $\alpha$ , Fas-L
- „death receptor“ activation
- pro-caspase activation (caspase 8 – FLICE)

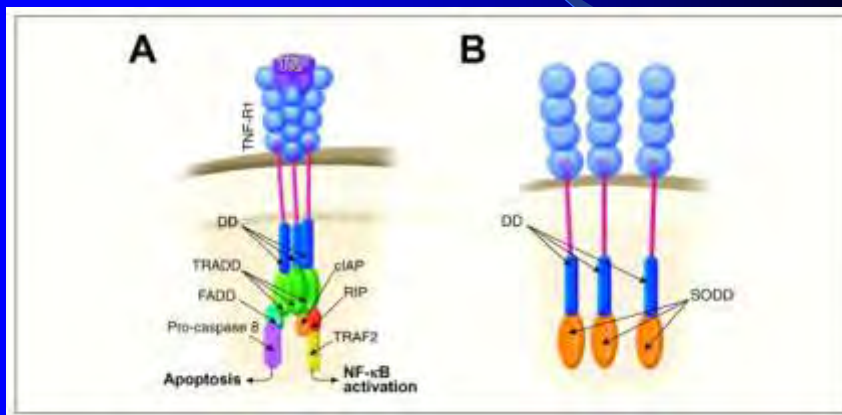


apoptosis

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## Positive apoptosis regulation (lymphocytes, cancer cells)



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